

If you get blood transfusions,
you need to...

Ask about iron™

HOW DO I KNOW IF I'M AT RISK FOR IRON OVERLOAD?

- I currently receive blood transfusions.
- I have previously received blood transfusions.
- I do not know my transfusion history.

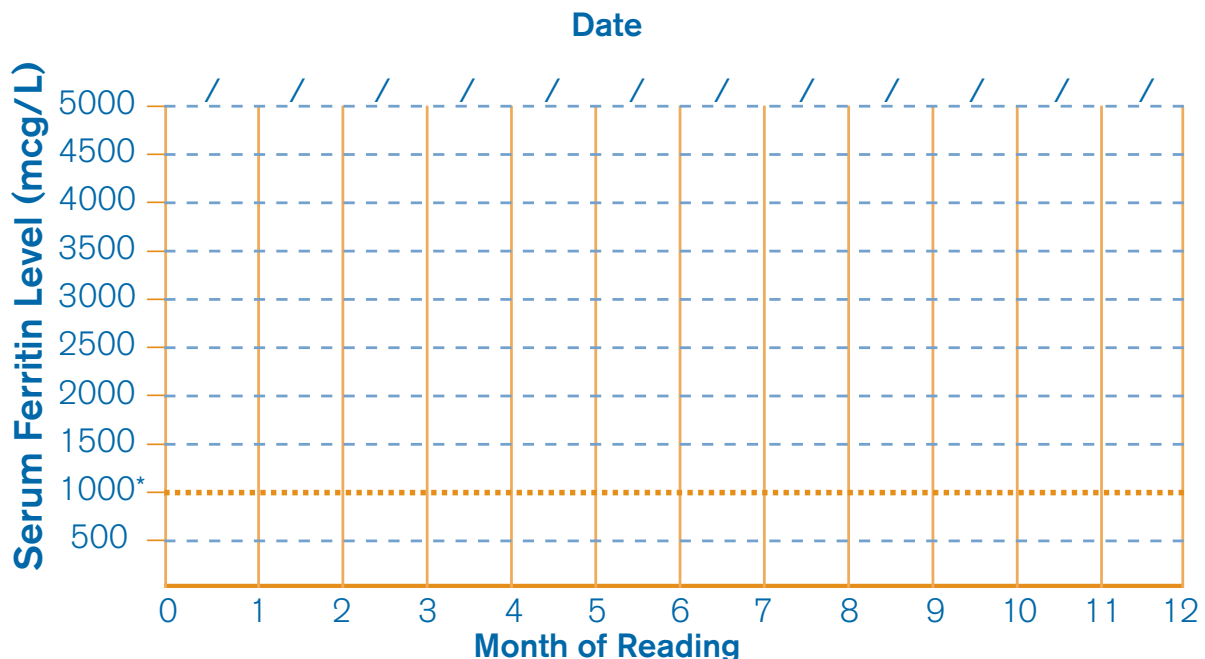
If you checked off any of the boxes above, you may be at risk for iron overload. Talk with your doctor about how you can reduce your risk.

KEEP TRACK OF YOUR SERUM FERRITIN

To find out if you have iron overload, your doctor can give you a simple blood test called a *serum ferritin* test to check your iron levels. Serum ferritin is a measure of iron in the body. If you haven't already had a *serum ferritin* test, talk with your doctor to find out if you might need one.

Use the serum ferritin tracker below to help you and your doctor track your serum ferritin levels.

SERUM FERRITIN TRACKER



*Speak with your doctor about treatment options.